

RICH FRUIT CAKE

The following recipe is compulsory for all entrants

Here's what you need:

250g (8oz) Sultanas
250g (8oz) Chopped Raisins
250g (8oz) Currants
125g (4oz) Chopped Mixed Peel
90g (3oz) Chopped Red Glace Cherries
90g (3oz) Chopped Blanched Almonds
1/3 Cup Sherry or Brandy
250g (8oz) Plain Flour
60g (2oz) Self Raising Flour
1/4 Teaspoon Grated Nutmeg
1/2 Teaspoon Ground Ginger
1/2 Teaspoon Ground Cloves
250g (8oz) Butter
250g (8oz) Soft Brown Sugar
1/2 Teaspoon Lemon Essence OR finely grated Lemon Rind
1/2 Teaspoon Almond Essence
1/2 Teaspoon Vanilla Essence
4 Large Eggs

Here's what you do:

Mix together all the fruits and nuts and sprinkle with the sherry or brandy.
Cover and leave for at least 1 hour – but preferably overnight.
Sift together the flours and spices. Cream together the butter and sugar with the essences.
Add the eggs one at a time, beating well after each addition, then alternately add the fruit and flour mixtures.
Mix thoroughly.
The mixture should be stiff enough to support a wooden spoon.
Place the mixture into a prepared tin, no larger than 20 cm (8") and bake in a slow oven for approximately 3 1/2 – 4 hours. Allow the cake to cool in the tin.

NOTE: To ensure uniformity and depending upon the size, it is suggested the raisins be snipped into 2 - 3 pieces, cherries into 4 - 6 pieces and almonds cross wise into 3 - 4 pieces.

Winners at country Shows will each receive a cash prize of \$10.00 and will be required to bake a second "Rich Fruit Cake" in order to compete in a semi final to be conducted by each of the 14 Groups of the Agricultural Societies Council of NSW.

The fourteen winners at Regional Level will each receive a cash prize of \$15.00 and are required to bake a third "Rich Fruit Cake" for the Final Judging at the Royal Easter Show where the winner will receive a cash prize of \$50.00.

Exhibits must be received by the Sydney Royal Arts section by 12 noon on the Thursday before the Royal Easter Show commences.

**Sydney Royal Art Section,
R.A.S., Hall 3, Sydney Showground,
Sydney Olympic Park. NSW 2127**

NOTE: Competitors may only represent one Show Society in a Group Final and only one Group in a State Final.

PRIZEMONEY is sponsored by the ASC. Show societies and groups should pay the prize money to their winners, then apply to the ASC for reimbursement.